



13. Kirschlauf
Kleinfahrer / 16.06.2013

Detailed evaluation

Jahn, Michael

Club: Creußen
Number: 166

Course: 14.00 km
Hauptlauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:18:21

Speed: 10.72 km/h
Running performance: 5:36 min/km

Rank in course/Total: 128 (of 256)

Rank in course/Men: 116 (of 185)

Best time in course: 48:53

Rank in category: 7(of 14)

Best time in the category: 56:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Posten	7.50	46:43	6:13	8	12:09	99	17:03	7.50	46:43	6:13	8			116	6:02
Finish	6.50	31:38	4:51	10	9:21	120	12:25	14.00	1:18:21	5:35	7	21:30		116	29:28