



13. Kirschlauf
Kleinfahrer / 16.06.2013

Detailed evaluation

Allert, Joachim

Club: SWE Laufteam
Number: 129

Course: 14.00 km
Hauptlauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:19:55

Speed: 10.51 km/h
Running performance: 5:43 min/km

Rank in course/Total: 141 (of 256)

Rank in course/Men: 124 (of 185)

Best time in course: 48:53

Rank in category: 9(of 16)

Best time in the category: 1:03:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Posten	7.50	48:08	6:25	7	8:58	122	18:28	7.50	48:08	6:25	9	8:58	123	7:27
Finish	6.50	31:47	4:53	9	7:36	125	12:34	14.00	1:19:55	5:42	9	16:34	124	31:02