



13. Kirschlauf
Kleinfahrer / 16.06.2013

Detailed evaluation

Zwinkau, Annett

Club: FC Deutsche Post
Number: 176

Course: 14.00 km
Hauptlauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 1:23:30

Speed: 10.06 km/h
Running performance: 5:58 min/km

Rank in course/Total: 164 (of 256)

Rank in course/Women: 27 (of 71)

Best time in course: 1:01:31

Rank in category: 4(of 12)

Best time in the category: 1:18:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Posten	7.50	50:26	6:43	5	3:05	27	13:10	7.50	50:26	6:43	4	3:05	55	
Finish	6.50	33:04	5:05	4	2:11	30	8:49	14.00	1:23:30	5:57	4	5:16	27	21:59