



13. Kirschlauf
Kleinfahrer / 16.06.2013

Detailed evaluation

Steinmetz, Mario

Club: SWE Laufteam
Number: 80

Course: 14.00 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:24:35

Speed: 9.93 km/h
Running performance: 6:02 min/km

Rank in course/Total: 178 (of 256)

Rank in course/Men: 147 (of 185)

Best time in course: 48:53

Rank in category: 25(of 32)

Best time in the category: 57:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Posten	7.50	51:28	6:51	24	16:54	142	21:48	7.50	51:28	6:51	9	5:46	144	10:47
Finish	6.50	33:07	5:05	24	10:35	142	13:54	14.00	1:24:35	6:02	25	27:29	147	35:42