



13. Kirschlauf
Kleinfahner / 16.06.2013

Detailed evaluation

John, Silke

Club: Erfurt
Number: 22

Course: 14.00 km
Hauptlauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:28:36

Speed: 9.48 km/h
Running performance: 6:20 min/km

Rank in course/Total: 205 (of 256)

Rank in course/Women: 42 (of 71)

Best time in course: 1:01:31

Rank in category: 10(of 19)

Best time in the category: 1:07:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Posten	7.50	53:58	7:11	10	13:16	42	16:42	7.50	53:58	7:11	1	-	13	
Finish	6.50	34:38	5:19	10	7:33	41	10:23	14.00	1:28:36	6:19	10	20:49	42	27:05