



13. Kirschlauf
Kleinfahner / 16.06.2013

Detailed evaluation

Ellerkamm, Jürgen

Club: SV Kyffhäuser
Number: 286

Course: 14.00 km
Hauptlauf

Category:
Senioren M75 (75-79 Jahre)

Total time: 1:32:41

Speed: 9.06 km/h
Running performance: 6:37 min/km

Rank in course/Total: 226 (of 256)

Rank in course/Men: 170 (of 185)

Best time in course: 48:53

Rank in category: 1(of 3)

Best time in the category: 1:32:41

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Posten	7.50	56:13	7:29	1	-	165	26:33	7.50	56:13	7:29	1	-	167	15:32
Finish	6.50	36:28	5:36	1	-	167	17:15	14.00	1:32:41	6:37	1	-	170	43:48