



13. Kirschlauf  
Kleinfahrer / 16.06.2013

Detailed evaluation

Aschenbach, Volker

Club: Dachwig  
Number: 191

Course: 14.00 km  
Hauptlauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 1:35:14

Speed: 8.82 km/h  
Running performance: 6:48 min/km

Rank in course/Total: 230 (of 256)

Rank in course/Men: 172 (of 185)

Best time in course: 48:53

Rank in category: 14(of 16)

Best time in the category: 1:03:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Posten	7.50	57:11	7:37	14	18:01	167	27:31	7.50	57:11	7:37	14	18:01	169	16:30
Finish	6.50	38:03	5:51	14	13:52	170	18:50	14.00	1:35:14	6:48	14	31:53	172	46:21