



13. Kirschlauf
Kleinfahrer / 16.06.2013

Detailed evaluation

Gerhardt, Heike

Club: Seelow
Number: 10

Course: 14.00 km
Hauptlauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:39:32

Speed: 8.44 km/h
Running performance: 7:07 min/km

Rank in course/Total: 239 (of 256)

Rank in course/Women: 63 (of 71)

Best time in course: 1:01:31

Rank in category: 17(of 19)

Best time in the category: 1:07:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Posten	7.50	59:50	7:58	17	19:08	63	22:34	7.50	59:50	7:58	4	5:52	19	5:14
Finish	6.50	39:42	6:06	17	12:37	62	15:27	14.00	1:39:32	7:06	17	31:45	63	38:01