



7. Karlsternlauf
Mannheim / 16.06.2013

Detailed evaluation

Rieß, Karin

Club: Mannheim
Number: 18

Course: 6.00 km
6 km Nordic Walk

Category:
Walking Frauen

Total time: 55:01

Speed: 6.54 km/h
Running performance: 9:10 min/km

Rank in course/Total: 17 (of 21)
Rank in course/Women: 13 (of 16)
Best time in course: 48:47

Rank in category: 13(of 16)
Best time in the category: 48:47