



7. Karlsternlauf  
Mannheim / 16.06.2013

Detailed evaluation

**Bauer, Friedrich**

Club: Mannheim

Number: 1

Course: 6.00 km

6 km Nordic Walk

Category:

Walking Männer

Total time: 1:00:59

Speed: 5.90 km/h

Running performance: 10:10 min/km

Rank in course/Total: 20 (of 21)

Rank in course/Men: 5 (of 5)

Best time in course: 40:18

Rank in category: 5(of 5)

Best time in the category: 40:18