



7. Karlsternlauf
Mannheim / 16.06.2013

Detailed evaluation

Floder, Martin

Club: Sandhausen
Number: 536

Course: 6.00 km
6 km Run

Category:
Senioren M30 (30-34 Jahre)

Total time: 24:23

Speed: 14.76 km/h
Running performance: 4:04 min/km

Rank in course/Total: 8 (of 204)

Rank in course/Men: 7 (of 112)

Best time in course: 21:52

Rank in category: 1(of 9)

Best time in the category: 24:23