



7. Karlsternlauf
Mannheim / 16.06.2013

Detailed evaluation

Sellmann, Steven

Club: Team ERDINGER Alkoholfrei
Number: 653

Course: 6.00 km
6 km Run

Category:
Senioren M35 (35-39 Jahre)

Total time: 25:17

Speed: 14.24 km/h
Running performance: 4:13 min/km

Rank in course/Total: 11 (of 204)

Rank in course/Men: 10 (of 112)

Best time in course: 21:52

Rank in category: 1(of 11)

Best time in the category: 25:17