



7. Karlsternlauf
Mannheim / 16.06.2013

Detailed evaluation

Gehrig, Julia

Club: TSV 47 Schönau
Number: 540

Course: 6.00 km
6 km Run

Category:
weibliche Jugend U14 (12-13 Jahre)

Total time: 28:31

Speed: 12.62 km/h
Running performance: 4:45 min/km

Rank in course/Total: 30 (of 204)

Rank in course/Women: 3 (of 92)

Best time in course: 23:50

Rank in category: 1(of 5)

Best time in the category: 28:31