



7. Karlsternlauf  
Mannheim / 16.06.2013

## Detailed evaluation

Zacharias, Judith

Number: 725

Course: 6.00 km  
6 km Run

Category:  
Frauen (20-29 Jahre)

Total time: 29:13

Speed: 12.32 km/h

Running performance: 4:52 min/km

Rank in course/Total: 36 (of 204)

Rank in course/Women: 4 (of 92)

Best time in course: 23:50

Rank in category: 2(of 14)

Best time in the category: 27:57