



7. Karlsternlauf
Mannheim / 16.06.2013

Detailed evaluation

Palermo, Andreas

Club: Mannheim
Number: 729

Course: 6.00 km
6 km Run

Category:
Senioren M35 (35-39 Jahre)

Total time: 30:02

Speed: 11.99 km/h
Running performance: 5:01 min/km

Rank in course/Total: 44 (of 204)

Rank in course/Men: 38 (of 112)

Best time in course: 21:52

Rank in category: 6(of 11)

Best time in the category: 25:17