



7. Karlsternlauf  
Mannheim / 16.06.2013

## Detailed evaluation

**Ehrenberger, Reinhard**

Club: Angelbachtal  
Number: 528

Course: 6.00 km  
6 km Run

Category:  
Senioren M55 (55-59 Jahre)

Total time: 30:32

Speed: 11.79 km/h  
Running performance: 5:05 min/km

Rank in course/Total: 49 (of 204)

Rank in course/Men: 42 (of 112)

Best time in course: 21:52

Rank in category: 2(of 10)

Best time in the category: 25:31