



7. Karlsternlauf
Mannheim / 16.06.2013

Detailed evaluation

Roth, Klaus

Club: TV Rheinau 1893

Number: 631

Course: 6.00 km

6 km Run

Category:

Senioren M60 (60-64 Jahre)

Total time: 31:52

Speed: 11.30 km/h

Running performance: 5:19 min/km

Rank in course/Total: 64 (of 204)

Rank in course/Men: 52 (of 112)

Best time in course: 21:52

Rank in category: 1(of 6)

Best time in the category: 31:52