



7. Karlsternlauf  
Mannheim / 16.06.2013

## Detailed evaluation

Theobald, Gerd

Club: Mannheim  
Number: 671

Course: 6.00 km  
6 km Run

Category:  
Senioren M50 (50-54 Jahre)

Total time: 32:48

Speed: 10.98 km/h  
Running performance: 5:28 min/km

Rank in course/Total: 75 (of 204)

Rank in course/Men: 62 (of 112)

Best time in course: 21:52

Rank in category: 6(of 12)

Best time in the category: 25:52