



7. Karlsternlauf  
Mannheim / 16.06.2013

Detailed evaluation

Kiupel, Harald

Club: Schwimmabteilung TSV Mannheim v.1846  
Number: 578

Course: 6.00 km  
6 km Run

Category:  
Senioren M45 (45-49 Jahre)

Total time: 33:03

Speed: 10.89 km/h  
Running performance: 5:31 min/km

Rank in course/Total: 78 (of 204)

Rank in course/Men: 64 (of 112)

Best time in course: 21:52

Rank in category: 6(of 15)

Best time in the category: 25:27