



7. Karlsternlauf
Mannheim / 16.06.2013

Detailed evaluation

Kraft, Laura

Club: MHC Mannheim
Number: 583

Course: 6.00 km
6 km Run

Category:
weibliche Jugend U14 (12-13 Jahre)

Total time: 33:09

Speed: 10.86 km/h
Running performance: 5:31 min/km

Rank in course/Total: 81 (of 204)

Rank in course/Women: 16 (of 92)

Best time in course: 23:50

Rank in category: 4(of 5)

Best time in the category: 28:31