



7. Karlsternlauf  
Mannheim / 16.06.2013

## Detailed evaluation

**Wiegand, Doris**

Club: lampertheim  
Number: 693

Course: 6.00 km  
6 km Run

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 33:20

Speed: 10.80 km/h  
Running performance: 5:34 min/km

Rank in course/Total: 83 (of 204)

Rank in course/Women: 17 (of 92)

Best time in course: 23:50

Rank in category: 1(of 11)

Best time in the category: 33:20