



7. Karlsternlauf
Mannheim / 16.06.2013

Detailed evaluation

Lindner, Matthias

Club: Weinheim
Number: 590

Course: 6.00 km
6 km Run

Category:
Senioren M55 (55-59 Jahre)

Total time: 33:26

Speed: 10.77 km/h
Running performance: 5:34 min/km

Rank in course/Total: 84 (of 204)

Rank in course/Men: 67 (of 112)

Best time in course: 21:52

Rank in category: 4(of 10)

Best time in the category: 25:31