



7. Karlsternlauf
Mannheim / 16.06.2013

Detailed evaluation

Reibeling-Gehrig, Roland

Club: Mannheim

Number: 17

Course: 6.00 km

6 km Run

Category:

Senioren M35 (35-39 Jahre)

Total time: 33:39

Speed: 10.70 km/h

Running performance: 5:37 min/km

Rank in course/Total: 88 (of 204)

Rank in course/Men: 71 (of 112)

Best time in course: 21:52

Rank in category: 9(of 11)

Best time in the category: 25:17