



7. Karlsternlauf  
Mannheim / 16.06.2013

## Detailed evaluation

Lösch, Anja

Club: BücherFrauen e. V.  
Number: 593

Course: 6.00 km  
6 km Run

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 34:38

Speed: 10.39 km/h  
Running performance: 5:46 min/km

Rank in course/Total: 98 (of 204)

Rank in course/Women: 25 (of 92)

Best time in course: 23:50

Rank in category: 2(of 14)

Best time in the category: 31:35