



7. Karlsternlauf
Mannheim / 16.06.2013

Detailed evaluation

Brückel, Robert

Club: Laufftreff Brühl-Rohrhof
Number: 512

Course: 6.00 km
6 km Run

Category:
Senioren M55 (55-59 Jahre)

Total time: 35:28

Speed: 10.15 km/h
Running performance: 5:55 min/km

Rank in course/Total: 107 (of 204)

Rank in course/Men: 78 (of 112)

Best time in course: 21:52

Rank in category: 8(of 10)

Best time in the category: 25:31