



7. Karlsternlauf  
Mannheim / 16.06.2013

## Detailed evaluation

Ries, Angela

Number: 722

Course: 6.00 km  
6 km Run

Category:  
weibliche Jugend U20 (18-19 Jahre)

Total time: 36:07

Speed: 9.97 km/h

Running performance: 6:01 min/km

Rank in course/Total: 115 (of 204)

Rank in course/Women: 33 (of 92)

Best time in course: 23:50

Rank in category: 1(of 2)

Best time in the category: 36:07