



7. Karlsternlauf  
Mannheim / 16.06.2013

## Detailed evaluation

**Jäger, Anja**

Club: Mannheim  
Number: 719

Course: 6.00 km  
6 km Run

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 37:01

Speed: 9.73 km/h  
Running performance: 6:10 min/km

Rank in course/Total: 131 (of 204)

Rank in course/Women: 41 (of 92)

Best time in course: 23:50

Rank in category: 6(of 14)

Best time in the category: 31:35