



7. Karlsternlauf  
Mannheim / 16.06.2013

## Detailed evaluation

Schuchmann, Michaela

Club: Mannheim  
Number: 650

Course: 6.00 km  
6 km Run

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 37:24

Speed: 9.63 km/h  
Running performance: 6:14 min/km

Rank in course/Total: 134 (of 204)

Rank in course/Women: 44 (of 92)

Best time in course: 23:50

Rank in category: 10(of 21)

Best time in the category: 29:18