



7. Karlsternlauf  
Mannheim / 16.06.2013

## Detailed evaluation

Lucchese-Latino, Laura

Club: Mannheim  
Number: 592

Course: 6.00 km  
6 km Run

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 37:44

Speed: 9.54 km/h  
Running performance: 6:17 min/km

Rank in course/Total: 139 (of 204)

Rank in course/Women: 46 (of 92)

Best time in course: 23:50

Rank in category: 3(of 7)

Best time in the category: 35:54