



7. Karlsternlauf
Mannheim / 16.06.2013

Detailed evaluation

Stahl, Bernd

Club: Viernheimer Laufftreff e.V.
Number: 661

Course: 6.00 km
6 km Run

Category:
Senioren M55 (55-59 Jahre)

Total time: 37:48

Speed: 9.52 km/h
Running performance: 6:18 min/km

Rank in course/Total: 141 (of 204)

Rank in course/Men: 94 (of 112)

Best time in course: 21:52

Rank in category: 9(of 10)

Best time in the category: 25:31