



7. Karlsternlauf
Mannheim / 16.06.2013

Detailed evaluation

Pott, Nicole

Club: Mannheim
Number: 713

Course: 6.00 km
6 km Run

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 38:43

Speed: 9.30 km/h
Running performance: 6:27 min/km

Rank in course/Total: 148 (of 204)

Rank in course/Women: 52 (of 92)

Best time in course: 23:50

Rank in category: 4(of 7)

Best time in the category: 35:54