



7. Karlsternlauf
Mannheim / 16.06.2013

Detailed evaluation

Matthews, Julia

Number: 733

Course: 6.00 km
6 km Run

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 38:47

Speed: 9.28 km/h

Running performance: 6:28 min/km

Rank in course/Total: 151 (of 204)

Rank in course/Women: 55 (of 92)

Best time in course: 23:50

Rank in category: 5(of 7)

Best time in the category: 35:54