



7. Karlsternlauf  
Mannheim / 16.06.2013

## Detailed evaluation

**Kapp, Tamara**

Club: Mannheim  
Number: 708

Course: 6.00 km  
6 km Run

Category:  
weibliche Jugend U16 (14-15 Jahre)

Total time: 39:16

Speed: 9.17 km/h  
Running performance: 6:32 min/km

Rank in course/Total: 159 (of 204)

Rank in course/Women: 62 (of 92)

Best time in course: 23:50

Rank in category: 4(of 4)

Best time in the category: 23:50