



7. Karlsternlauf
Mannheim / 16.06.2013

Detailed evaluation

Steinleitner, Manuel

Club: BSG Hafen Mannheim
Number: 663

Course: 6.00 km
6 km Run

Category:
Senioren M30 (30-34 Jahre)

Total time: 39:44

Speed: 9.06 km/h
Running performance: 6:37 min/km

Rank in course/Total: 163 (of 204)

Rank in course/Men: 99 (of 112)

Best time in course: 21:52

Rank in category: 8(of 9)

Best time in the category: 24:23