



7. Karlsternlauf
Mannheim / 16.06.2013

Detailed evaluation

Martínez García, José María

Club: C.D. Valverde
Number: 1089

Course: 12.00 km
12 km Run

Category:
Senioren M35 (35-39 Jahre)

Total time: 50:06

Speed: 14.37 km/h
Running performance: 4:11 min/km

Rank in course/Total: 8 (of 169)

Rank in course/Men: 8 (of 131)

Best time in course: 45:20

Rank in category: 1(of 17)

Best time in the category: 50:06