



7. Karlsternlauf  
Mannheim / 16.06.2013

Detailed evaluation

Demmer, Felix

Club: Mannheim  
Number: 520

Course: 6.00 km  
6 km Run

Category:  
männliche Jugend U14 (12-13 Jahre)

Total time: 40:17

Speed: 8.94 km/h  
Running performance: 6:43 min/km

Rank in course/Total: 171 (of 204)

Rank in course/Men: 101 (of 112)

Best time in course: 21:52

Rank in category: 7(of 7)

Best time in the category: 27:13