



7. Karlsternlauf
Mannheim / 16.06.2013

Detailed evaluation

Tiedtke, Karl

Club: Mannheim
Number: 672

Course: 6.00 km
6 km Run

Category:
Senioren M60 (60-64 Jahre)

Total time: 40:19

Speed: 8.93 km/h
Running performance: 6:43 min/km

Rank in course/Total: 172 (of 204)

Rank in course/Men: 102 (of 112)

Best time in course: 21:52

Rank in category: 6(of 6)

Best time in the category: 31:52