



7. Karlsternlauf  
Mannheim / 16.06.2013

## Detailed evaluation

**Janke, Miriam**

Club: Mannheim  
Number: 566

Course: 6.00 km  
6 km Run

Category:  
Frauen (20-29 Jahre)

Total time: 40:22

Speed: 8.92 km/h  
Running performance: 6:44 min/km

Rank in course/Total: 174 (of 204)

Rank in course/Women: 72 (of 92)

Best time in course: 23:50

Rank in category: 12(of 14)

Best time in the category: 27:57