



7. Karlsternlauf  
Mannheim / 16.06.2013

## Detailed evaluation

**Mamier, Nicole**

Club: Mannheim  
Number: 594

Course: 6.00 km  
6 km Run

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 41:23

Speed: 8.70 km/h  
Running performance: 6:54 min/km

Rank in course/Total: 181 (of 204)

Rank in course/Women: 78 (of 92)

Best time in course: 23:50

Rank in category: 8(of 9)

Best time in the category: 29:45