



7. Karlsternlauf
Mannheim / 16.06.2013

Detailed evaluation

Janke, Günter

Club: Mannheim
Number: 567

Course: 6.00 km
6 km Run

Category:
Senioren M50 (50-54 Jahre)

Total time: 42:32

Speed: 8.46 km/h
Running performance: 7:05 min/km

Rank in course/Total: 188 (of 204)

Rank in course/Men: 108 (of 112)

Best time in course: 21:52

Rank in category: 12(of 12)

Best time in the category: 25:52