



7. Karlsternlauf
Mannheim / 16.06.2013

Detailed evaluation

Durstberger, Steffi

Club: Mnnheim
Number: 711

Course: 6.00 km
6 km Run

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 44:07

Speed: 8.16 km/h
Running performance: 7:21 min/km

Rank in course/Total: 193 (of 204)

Rank in course/Women: 85 (of 92)

Best time in course: 23:50

Rank in category: 21(of 21)

Best time in the category: 29:18