



7. Karlsternlauf
Mannheim / 16.06.2013

Detailed evaluation

Deutschmeyer, Ludwig

Club: TSC MaLu

Number: 521

Course: 6.00 km

6 km Run

Category:

Senioren M55 (55-59 Jahre)

Total time: 44:31

Speed: 8.09 km/h

Running performance: 7:25 min/km

Rank in course/Total: 194 (of 204)

Rank in course/Men: 109 (of 112)

Best time in course: 21:52

Rank in category: 10(of 10)

Best time in the category: 25:31