



7. Karlsternlauf  
Mannheim / 16.06.2013

## Detailed evaluation

**Schindhelm, Helmut**

Club: Praxis Für Gross Und Klein  
Number: 1130

Enduro Long Men

Category:

Senioren M55 (55-59 Jahre)

Total time: 54:37

Speed: - km/h

Running performance: 4:33 min/km

Rank in course/Total: 33 (of 169)

Rank in course/Men: 32 (of 131)

Best time in course: 45:20

Rank in category: 2(of 12)

Best time in the category: 54:13