



7. Karlsternlauf
Mannheim / 16.06.2013

Detailed evaluation

Fasiello, Torsten

Club: Mannheim
Number: 1035

Course: 12.00 km
12 km Run

Category:
Senioren M40 (40-44 Jahre)

Total time: 57:17

Speed: 12.57 km/h
Running performance: 4:46 min/km

Rank in course/Total: 50 (of 169)

Rank in course/Men: 48 (of 131)

Best time in course: 45:20

Rank in category: 5(of 17)

Best time in the category: 48:47