



7. Karlsternlauf
Mannheim / 16.06.2013

Detailed evaluation

Vieten, Uwe

Club: Sternenhof
Number: 1170

Course: 12.00 km
12 km Run

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:00:27

Speed: 11.91 km/h
Running performance: 5:02 min/km

Rank in course/Total: 69 (of 169)

Rank in course/Men: 65 (of 131)

Best time in course: 45:20

Rank in category: 7(of 13)

Best time in the category: 48:36