



7. Karlsternlauf  
Mannheim / 16.06.2013

Detailed evaluation

Numrich, Andreas

Club: Mannheim  
Number: 1099

Course: 12.00 km  
12 km Run

Category:  
Männer (20-29 Jahre)

Total time: 1:00:34

Speed: 11.89 km/h  
Running performance: 5:03 min/km

Rank in course/Total: 70 (of 169)

Rank in course/Men: 66 (of 131)

Best time in course: 45:20

Rank in category: 10(of 16)

Best time in the category: 48:33