



7. Karlsternlauf  
Mannheim / 16.06.2013

## Detailed evaluation

**Baumbusch, Kirsten**

Club: Heidelberg  
Number: 1009

Course: 12.00 km  
12 km Run

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 1:01:16

Speed: 11.75 km/h  
Running performance: 5:07 min/km

Rank in course/Total: 76 (of 169)

Rank in course/Women: 5 (of 38)

Best time in course: 53:05

Rank in category: 1(of 5)

Best time in the category: 1:01:16