



7. Karlsternlauf  
Mannheim / 16.06.2013

## Detailed evaluation

**Werner, Andrea**

Club: Mannheim  
Number: 1178

Course: 12.00 km  
12 km Run

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 1:03:25

Speed: 11.35 km/h  
Running performance: 5:17 min/km

Rank in course/Total: 84 (of 169)

Rank in course/Women: 7 (of 38)

Best time in course: 53:05

Rank in category: 3(of 8)

Best time in the category: 58:10