



7. Karlsternlauf  
Mannheim / 16.06.2013

## Detailed evaluation

**Baro, Angelika**

Club: lauftreff m3  
Number: 1006

Course: 12.00 km  
12 km Run

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 1:04:41

Speed: 11.13 km/h  
Running performance: 5:23 min/km

Rank in course/Total: 91 (of 169)

Rank in course/Women: 9 (of 38)

Best time in course: 53:05

Rank in category: 3(of 10)

Best time in the category: 53:05