



7. Karlsternlauf
Mannheim / 16.06.2013

Detailed evaluation

Santos, Mirna

Club: Heidelberg
Number: 1125

Course: 12.00 km
12 km Run

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 1:05:52

Speed: 10.93 km/h
Running performance: 5:29 min/km

Rank in course/Total: 102 (of 169)

Rank in course/Women: 12 (of 38)

Best time in course: 53:05

Rank in category: 4(of 8)

Best time in the category: 58:10